



# February 2010 Healthy Kids



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Enrichments</b>  Ground Hog Day  Dental Month  Valentines Day  President's Day  Nation Wild Bird Feeding Month	<b>Drink lots of water</b> 	<b>Eat Healthy</b> 	<b>Exercise</b> 	<b>Get plenty of rest</b> 		<b>Zoo Phonics</b>  <b>Pee Wee Penguin</b>    <b>Queeny Quail</b>    <b>Robbie rabbit</b>  
	 Candy Hearts Guessing Game	2 Ground Hog Day! 	3  Valentine color Carnations.	4 Stretch & Grow w/ Coach Jackie! 	5 Healthy Taste Test Fruits & Veggies 	
	8. Look for something special in the mail! 	9 	10 <b>Science Project</b> Cola Eggs 	11 Abe Lincoln's Birthday 	12 <b>Spirit Day</b> <b>Everyone wear RED</b> <b>Valentine's Day</b> <b>Treat Parties</b>	
	15 <b>Closed</b> 	16 Visit from <b>Make Smile</b> 	17 Texture Exploration <b>Science Project</b>	18 Stretch & Grow w/ Coach Jackie! 	19 Parents Night Out 6pm to 10 pm <i>Love</i>	
<b>Science</b>  Shadows  Our 5 senses  Exercise  Dental Hygiene	22 Making Wild Bird Feeders 	23 Mexican Flag Day 	24 Texture Exploration <b>Science Project</b>	25  Music with Nancy Nelle!	26 School Age Presidents week Activities will be Posted.	 This months Baby signs will include our <b>Meal Time</b> <b>Signs &amp; Pet signs</b>